

## LIFE IS A MIRROR

As a general statement, people treat others as they are. If a person is dishonest, lies a lot, is untrustworthy, that is how others respond to him. If a person is being treated badly by his/her family or acquaintances, then most likely, that individual is the problem. Bad people get mad at the way others (the system) treat them. They deny that they themselves are the problem. Blaming others is many times easier than taking responsibility.



32. Mark "T" for true or "F" for false.

- If people don't trust me, it is because I am untrustworthy.
- If people don't believe me, it is because I lie.
- If people don't respect me, it is because I don't keep my word.
- If people don't like me, it is because I do unlikable things.
- If people are afraid of me, it is because I act mean toward them.
- If people don't want to be my friend, it is because I act unfriendly.
- If I am mean to others, they will always be nice to me.

You can't fake who you are. Life is a mirror. You will get back what you put out, whether you like it or not. People will treat you as you are. If you are currently having problems with the way your friends and family are treating you, you may be the problem. What you do speaks many times louder than what you say. T or F?

## WHAT WE SOW, WE REAP

If we sow corn, we reap corn. If we sow anger, we reap anger. If we sow kindness, we reap kindness.

33. Do some people live such a **negative** life that they don't know what it is to be **happy**? \_\_\_\_\_
34. Life is a series of **choices**. No one makes the correct **choice** every time. It is just part of life. What is one thing in your life (good or bad) that you sowed that you are now reaping? \_\_\_\_\_

## FREEDOM

One of the major forces behind the founding of America was the desire to be free. Many people take their freedom for granted until they lose it. What is it like **not** to be free?

35. There are two kinds of **freedom**, physical and mental. Describe how a person can lose their physical freedom.  
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36. Describe how a person can lose their **mental** freedom. \_\_\_\_\_
37. Determine whether the following statements bring freedom or prison (mental or physical). Put an "F" for freedom or a "P" for prison.

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Take drugs                | <input type="checkbox"/> Help others           | <input type="checkbox"/> Obey laws            |
| <input type="checkbox"/> Abuse others              | <input type="checkbox"/> Steal and lie         | <input type="checkbox"/> Loyal                |
| <input type="checkbox"/> Gossip                    | <input type="checkbox"/> Trusted               | <input type="checkbox"/> Addicted to gambling |
| <input type="checkbox"/> Be mature and responsible | <input type="checkbox"/> Addicted to chocolate | <input type="checkbox"/> Dependent on others  |
| <input type="checkbox"/> More skills and education | <input type="checkbox"/> Denial - blame        | <input type="checkbox"/> Fear and worry       |
| <input type="checkbox"/> Addicted to tobacco       | <input type="checkbox"/> Anger                 | <input type="checkbox"/> Sense of humor       |

38. Both **Melanie Miller** and **Darcey Johnson** are 17. **Melanie** has a clean driving record and doesn't use drugs or alcohol. **Darcey** had three speeding tickets and has been the cause of one accident. **Melanie** is trusted to use the family car; **Darcey** isn't. Who has more freedom? \_\_\_\_\_ Why? \_\_\_\_\_